



DOCTORS CLINIC HOUSTON

Since 1986



TRANSPORTATION AVAILABLE

Six convenient locations
in and around Houston

Monday-Friday 8:30 a.m. - 6:30 p.m.

Saturday 9:00 a.m. - 1:00 p.m.

DOCTORSCLINICHOUSTON.COM



WHY DOCTORS CLINIC HOUSTON

Doctors Clinic Houston has provided quality medical care in Houston since 1986. Our six conveniently located clinics are staffed with board-certified Orthopedic Surgeons, Neurosurgeons, Neurologists, and pain management physicians. Our patients' overall health is very important to us, which is why our team of doctors specializes in different areas of medicine to provide comprehensive care.

Services We Offer

Auto Accidents
High Impact Injury Care
Traumatic Brain Injury Care

Family & Internal Medicine

Chiropractic Care

Diagnostic Services
(X-Ray, MRI, Cat Scan, & Lab)

Psychological
Treatment/Therapy

Maritime Injuries

Physical Medicine
Rehabilitation

Workers Compensation
Industrial Injuries

Immigration Exams

Board Certified MDs, PAs, and NPs

- Same day Medical Doctor Examinations and X-Rays at all six of our clinics
- HIGH patient satisfaction with optimum medical improvement
- Six convenient locations with extended hours to include Saturdays
- Hospital and MRI records retrieved and accessible on line
- Final medical billing provided within 12 business days of patient discharge and available via:
DCH PORTAL **DELIVERY**
- Reduced claims expenses with no charges for hospital records
- Comprehensive medical services including general medicine, pain management, spinal and extremity injections and surgery, orthopedics, physical therapy, psychological evaluation, Cold Laser Therapy, cardiology, ophthalmology, pulmonology and dental services.

**FLEXIBLE
NEGOTIATIONS**

**BILINGUAL
STAFF**

**EXCEPTIONAL
PERSONAL ATTENTION**

When you have clients with injuries resulting from an accident or a workplace incident, consider us your trusted care provider. Your clients will appreciate the convenience of choosing from our six locations. We accept Medicare, Medicaid, PIP, HMO & PPO plans and offer comprehensive healthcare services, eliminating the need for your clients to visit any other facility or provider.

Each function in our system is designed to

Provide **Accurate** Documentation

Document Work **Status**

Provide Comprehensive Medical Services - **Negotiation** for all services through Doctors Clinic Houston

Obtain **Medical Records** from ER, MRI and other Providers, quickly and at no charge

Provide **Prescription Delivery** to the home or clinic

Provide Precise and Expeditious **Narratives**

Dr. Louis Varela M.D.

A native Houstonian, physician, served in the U.s. Army as General Medical Officer, business owner, entrepreneur, married and father of four children. Dr. Valera is fluent in English and Spanish.



Dr. Leslie Allison, M.D.

Dr. Allison earned his bachelor's degrees in biochemistry and biology at Queen's University in Kingston, Ontario, Canada. He earned another bachelor's degree in Medical Science and his Doctor of Medicine, specializing in Family Medicine, at Memorial University of Newfoundland in St. John's, Canada, in 1988. Later on, Dr. Allison finished an MBA emphasizing finance and administration at the University of Houston in Texas. He is fluent in English, French, and Spanish.



Dr. Herman (Rhett) Spivey, MSN, RN, APRN, FNP-BC

Herman (Rhett) Spivey has been with Doctors Clinic Houston for over 9 years and loves working with the community. He currently also serves as the Director of Advanced Practice Providers. He has experience in inpatient and outpatient care since 2007. He is grateful to work with the team at DCH, with a passion for upholding high standards in individual care and a focus on achieving positive outcomes. He is trained in Cardiology as well as Diabetes, Hypertension, and Lipid management. Rhett has a passion for the holistic care of the individual and has been successful in weight management and hormone replacement therapy programs. He is excited about the development of regenerative medicine therapies at DCH for those with joint pain.



Dr. Viviane Nguyen, DNP, FNP-BC

Ms. Viviane Nguyen, DNP, FNP-BC has been practicing in the medical field for over 20 years. She is very passionate and committed to providing patient-centered care to all of her patients. She is professionally skilled in Disease Prevention, Disease Management, and Primary Care. Ms. Nguyen's long term vision includes becoming a Professor at a nearby university. For leisure, she likes to read books, practices yoga & meditation, and enjoys traveling with her family.



Ms. Esperanza Calderin, FNP

Esperanza Calderin, FNP, is a compassionate Family Nurse Practitioner with 20 + years of overall nursing experience. With a warm approach and a genuine commitment to listening, Ms. Esperanza strives to create a safe, supportive environment where patients feel understood, valued, and empowered in their health journey. Ms. Esperanza Calderin is fluent in English and Spanish.



Dr. Joanny Sanchez, D.C.

Dr. Joanny Sanchez was born in Bogotá, Colombia. He has been living in Houston for more than 15 years. Obtained his Bachelor of Science and his doctorate degree in Chiropractic at The Texas Chiropractic College. One of his interests is sports-related injuries and rehabilitation, with a special interest in soccer. He is a certified chiropractic sports practitioner (CCSP). In his free time, Dr. Sanchez enjoys spending time with his family and exercising.



Ms. Virginia Milligan, FNP

Virginia Milligan, FNP, graduated from The University of Texas at Arlington. She is a dedicated and accomplished Board-Certified Family Nurse Practitioner with over 20 years of comprehensive nursing experience in diverse clinical environments. She has a diverse clinical background in pediatrics, correctional management, family, and internal medicine.



Dr. Salar Yazdanpour, D.C.

Dr. Salar graduated from veterinary school in Iran in 2012 and practiced for two years before moving to the United States. He later earned his Doctor of Chiropractic degree from Texas Chiropractic College in 2019. Since then, he has been providing patient-focused chiropractic care at Doctors Clinic Houston, offering compassionate, effective, and personalized treatment for pain relief and improved function. He is bilingual in English and Farsi.



Dr. Paul Hatton, D.C.

Dr. Hatton has been practicing chiropractic since 2008. Paul has a holistic view of healthcare and enjoys helping patients achieve mutually agreed upon goals to rejuvenate their health and overall wellbeing.



Mr. Robert Lewis, PA

Robert Lewis is a physician assistant. He provides comprehensive primary care and acute care services to patients of all ages. He believes in a holistic approach to healthcare, emphasizing healthy lifestyles and overall quality of life.



Doctors Clinic Houston understands the importance of comprehensive pain management, including psychotherapy and other pain management treatments in cases of traumatic injuries.

It is important to know what causes the pain. At Doctors Clinic Houston we properly examine and diagnose our patients in order to be able to accurately document, evaluate, and treat your injured client.



We have a compassionate staff that will educate your client with their condition and treatment options.

Such as:

- Epidural Steroid Injection (ESI)
- Facet Joint Injections
- Surgical Intervention



Dr. Naveen Ramineni

Dr. Ramineni is a fellowship trained and board certified physician specializing in the evaluation and treatment of musculoskeletal and spinal disorders through interventional spinal procedures.

Dr. Ramineni is board certified in Physical Medicine and Rehabilitation with sub-specialty board certification in Pain Medicine through the American Board of Medical Specialties.



PHYSICAL THERAPY / REHABILITATION

Some conditions can be treated with therapy. This can reduce pain, improve and restore mobility following traumatic injury.

Our doctors will diagnose the condition and provide proper treatment options. Each patient's individual treatment plan is geared toward reaching specific rehab goals; passive and active modalities are utilized in the treatment of traumatic injuries.

- Ultrasound
- Heat
- Cold
- Electrical Stimulation
- Manual Therapy Skills
- Manual Traction
- Mechanical Traction
- Synergy Systems





ORTHOPEDIC / NEUROSURGERY

Orthopedics is the study and research of the musculoskeletal system (muscles, bones, joints, nerves, and more). Having the right specialist is the key to achieving the best possible outcome. Our Orthopedists at Doctors Clinic Houston work closely with patients dealing with acute and chronic musculoskeletal conditions as the result of traumatic injuries. In order to care for all of our patients' needs, Doctors Clinic Houston is staffed with additional specialists such as:

- Board Certified Pain Management Specialist
- Board Certified Orthopedic Surgeons
- Board Certified Neurosurgeon
- General Surgeon
- Pulmonologist
- Cardiologist
- Neurologist
- Dentist



Some specific conditions treated by our specialists are:

- TBI (Traumatic Brain Injury)
- Shoulder & Elbow Injury
- Hand & Wrist Injury
- Facet Syndrome
- Knee Injury
- Spinal Injury
- Back Injury
- Neck Injury
- Disc Herniation
- Sciatica
- Joint Pain

TRAUMATIC BRAIN INJURY (TBI)

When post-injury patients present with symptoms such as insomnia, dizziness, blurred vision, headaches, eye pain, daytime sleepiness, anxiety, fear of driving, mood swings and depression, a traumatic brain injury (TBI) should be suspected. Providers at Doctors Clinic Houston thoroughly assess post-injury patients that display these symptoms via diagnostic neural screening to diagnose and treat TBI.

DCH networks with expert Specialists such as Neurologists, Neurosurgeons, Psychologists and Therapists, who utilize the latest technologies to diagnose and treat the victims of this injury. Some diagnostic studies used to evaluate include MRI with DTI (Diffusion Tensor Imaging), NeuroQuant imaging, and Brain View testing equipment. Our providers understand the importance of timely assessment and diagnosis of this condition to restore a patient's overall health and quality of life.



NeuroQuant: A Medical Imaging Aid to Early Detection of Alzheimer's

This program, called NeuroQuant, is the first of its kind available to assist with diagnosis. NeuroQuant analyzes high-resolution images from an MRI scan of the brain to quantify the volume of the hippocampus, temporal horn, and other brain structures.

ORTHOPEDIC SURGEON

Dr. Jose E. Rodriguez-Cordova, MD, FACS

Dr. Rodriguez is board certified by American Board of Orthopedic Surgery and practices advanced General Orthopedics and is sub-specialized in Orthopedic Spine and Neck surgery. He completed his fellowship in spine surgery at Texas Back Institute in association with UT Southwestern Medical School.



Licensed in: Texas, New York, and Puerto Rico.
Dr. Rodriguez is Fluent in: English, and Spanish

BRAIN VIEW SCREENING

Brain View screening provides significant value for patients with potential Traumatic Brain Injury (TBI) by offering a non-invasive, objective method to assess brain function and identify impairments that may not appear on CT or MRI scans. This advanced tool detects subtle neural activity changes, helping clinicians pinpoint trauma-affected regions and better understand injury severity. It supports earlier detection of cognitive and neurological issues, more personalized treatment plans, and improved recovery monitoring. By bridging structural imaging and functional assessment, Brain View enhances diagnostic accuracy and supports more effective care for patients recovering from auto accidents or other head injuries. This screening is performed in-house at Doctors Clinic Houston, is non-invasive, and completely painless.



Alternative Treatments

PRP (Platelet-Rich Plasma)
Stem Cell Therapy
Prolotherapy

PRP – (Platelet-Rich Plasma)

Platelet-Rich Plasma (PRP) therapy is a regenerative treatment that uses a patient's own blood to promote healing and reduce inflammation. After a blood draw, the sample is processed to concentrate platelets, which are rich in growth factors that stimulate tissue repair and accelerate recovery. For auto accident patients, PRP therapy can be especially valuable, as it supports the healing of injured muscles, tendons, ligaments, and joints without the risks associated with surgery or long-term medication use. By

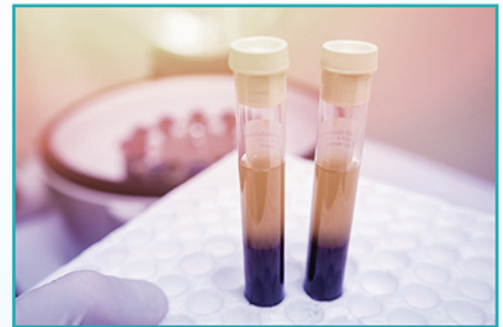
enhancing the body's natural repair process, PRP can help reduce pain, restore mobility, and improve overall recovery outcomes, making it a powerful option in comprehensive accident rehabilitation plans.



Stem Cell Therapy

Stem cell therapy offers significant benefits for patients recovering from injuries caused by auto accidents or other traumatic events by promoting the body's natural healing and regeneration processes. Unlike traditional treatments that primarily focus on pain management or symptom relief, stem cell therapy targets the root of the injury by repairing damaged tissues, reducing inflammation, and accelerating recovery. This approach can be especially valuable for injuries involving joints, ligaments, tendons, muscles, and even

spinal damage, which are common in auto accidents. Patients often experience reduced pain, improved mobility, and faster healing times compared to conventional care, potentially avoiding the need for invasive surgeries. By supporting long-term tissue repair and regeneration, stem cell therapy provides a more comprehensive and lasting solution for injury recovery.



Prolotherapy

Prolotherapy, or proliferation therapy, is a regenerative treatment that involves injecting a natural solution into damaged or weakened ligaments, tendons, or joints to stimulate the body's healing response, promote new connective tissue growth, and strengthen injured areas. Instead of only masking pain, prolotherapy supports true repair, helping restore joint stability, reduce chronic pain, and improve function in patients with musculoskeletal injuries. It is especially beneficial for patients recovering from auto accidents

or traumatic brain injuries (TBI), where ligament and soft tissue damage often lead to chronic pain, instability, and reduced function. By encouraging tissue repair and strengthening, prolotherapy can decrease pain, improve stability and mobility, and reduce the need for long-term pain medications. For TBI patients, relieving chronic musculoskeletal pain may also help reduce related symptoms such as headaches, neck tension, and sleep disruption, supporting more complete recovery and improving overall quality of life.



PSYCHOLOGIST

Dr. Andrew G. Brams, Ph.D., L.S.S.P

I have worked as an independent practitioner since 1999 and have been an advocate for mental health awareness for many years.

Through assessment and therapy services, the client and/or their caregivers are guided, educated and given emotional support in their quest to seek happiness and success. Every client is different and requires a somewhat different approach to their needs.

I believe humor and humility can have a profound impact on the therapeutic relationship and going “places” that have been labeled with sadness, anger and anxiety. The client is not here for me; I am here for the client and use what they bring into the assessment and therapeutic experience.



PODIATRIST

Dr. Elnaz Sabeti, DPM

Dr. Sabeti, A Houston local, completed her Bachelor of Science in Biology at the University of Houston in 2010.

She then continued her studies at UT San Antonio to obtain a second Bachelor’s degree from UT Health Science center; Dr. Sabeti completed her professional education as Doctor of Podiatric Medicine at New York College of Podiatric Medicine in 2016 and continued her comprehensive Foot and Ankle Surgery and Medicine training surgical at Wyckoff Heights Medical Center in Brooklyn, New York.



IMAGING SERVICES

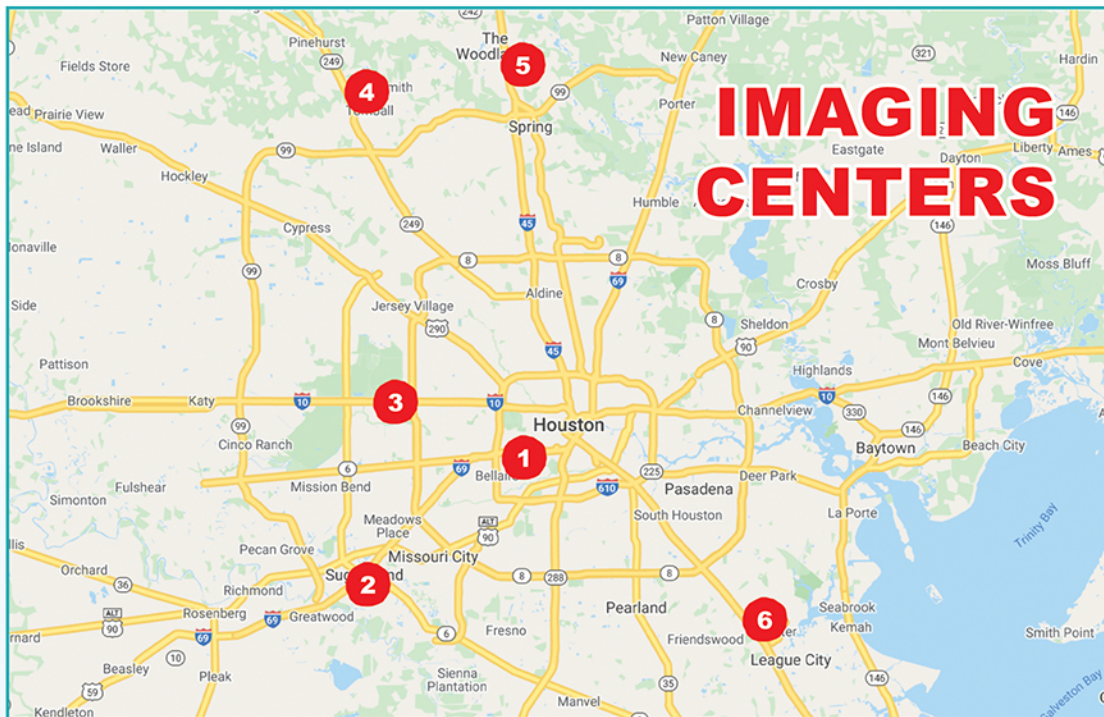
Doctors Clinic Houston is pleased to offer comprehensive diagnostic imaging services to diagnose a wide range of medical conditions following traumatic injuries.

Having the right tools to diagnose your client's condition is vital to providing the right treatment. We utilize cutting edge technology, in order to be accurate with our diagnosis and prognosis.



Imaging services offered are:

MRI - CT - Digital X-Ray - Ultrasound - C-arm (Mobile Fluoroscopy) - EMG - DTI



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|--|--|
| 1 3391 Westpark Dr
Houston, TX 77005 | 4 444 Holderrieth Blvd, Suite#1
Tomball, TX 77375 |
| 2 2655 Cordes Dr, Suite#130
Sugar Land, TX 77479 | 5 26218 I-45 North
Spring, TX 77386 |
| 3 10929 Katy Freeway
Houston, TX 77079 | 6 202 North Texas Ave, Suite 400
Webster, TX 77598 |

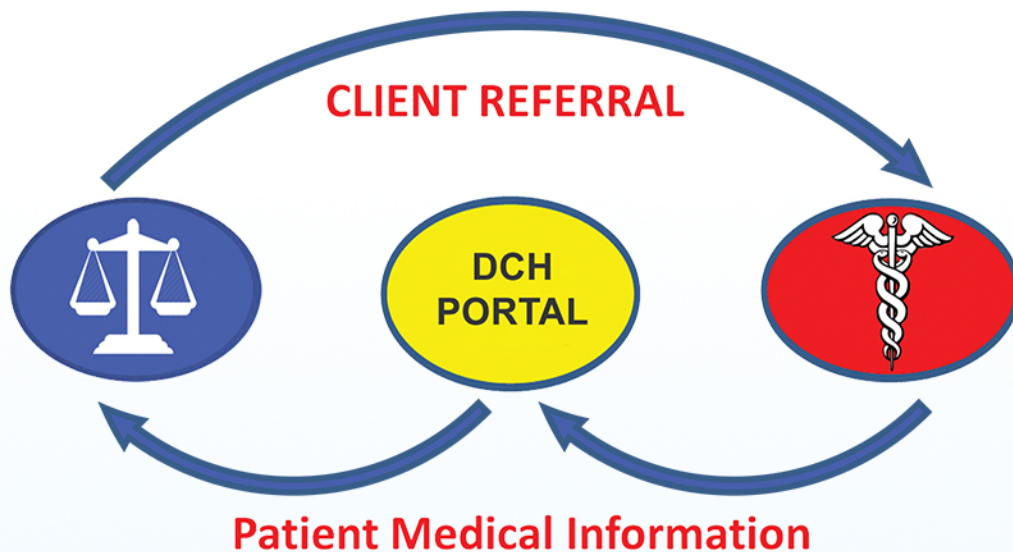
ATTORNEY PORTAL

Our new and improved Attorney Portal now includes powerful updates and enhanced features. You can view your client's complete treatment information in real time, along with details on upcoming appointments, planned treatments, and much more

FULL TREATMENT
SCHEDULE

MISSED
APPOINTMENTS

TREATMENT
PLANS



DCHPORTAL.COM

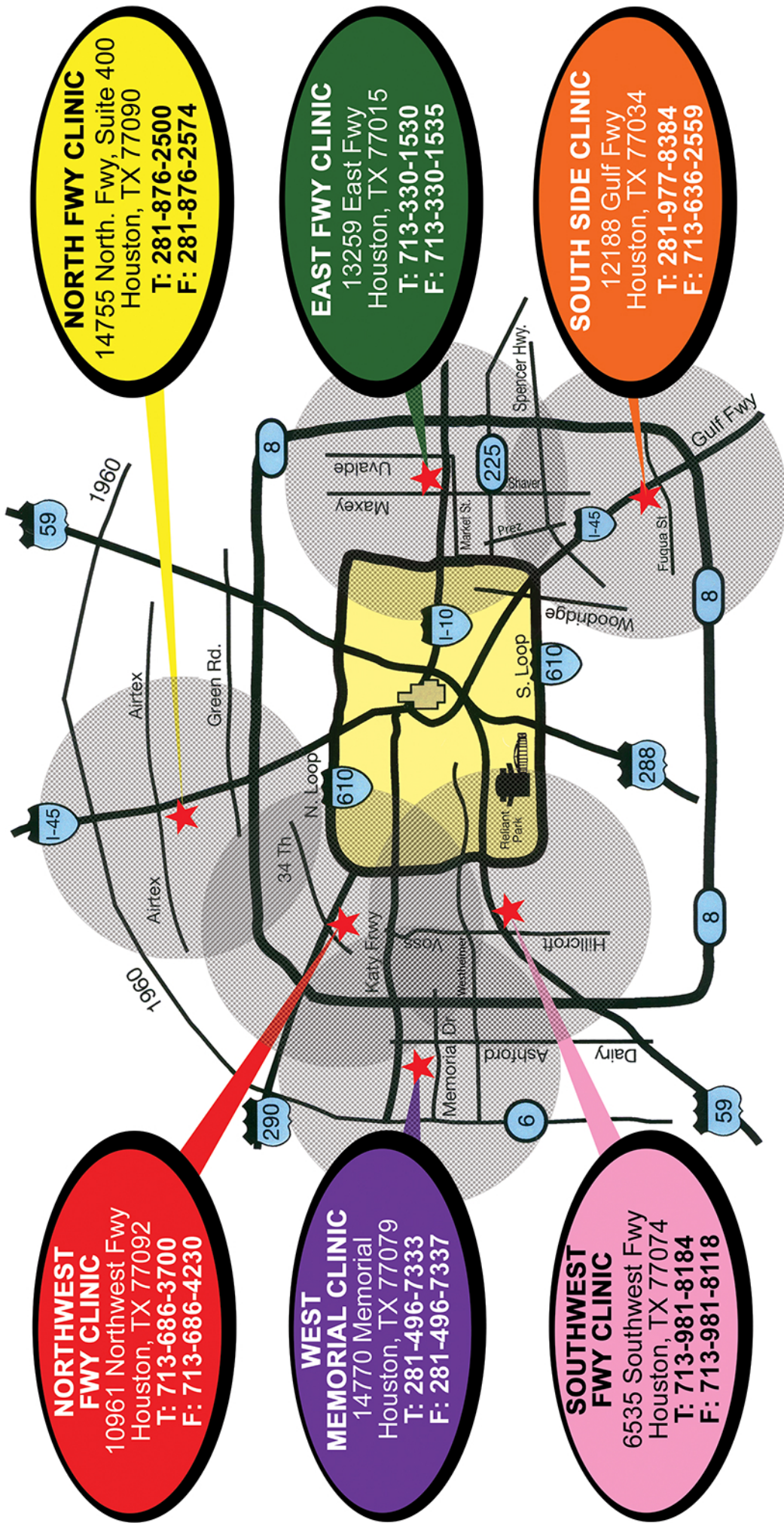
- Staff Time Savings ▪
- 24/7 Portal Access From Anywhere ▪
- Secure Access to Medical Notes ▪
- Real-Time Tracking of Current Medical Services & Charges ▪

Serving the greater Houston area for over 40 years

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 F: 713-981-8118

SOUTH SIDE CLINIC
 12188 Gulf Fwy
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 F: 713-636-2559

TRANSPORTATION AVAILABLE
 Each circle represents a 7 mile radius from each location

Monday-Friday 8:30 a.m. - 6:30 p.m.
 Saturday 9:00 a.m. - 1:00 p.m.



Rehabilitation



Physical Medicine



X-ray & other Diagnostic Procedures



Medical Care